



**RISE**  
EMPOWERED ABOVE  
SEXUAL VIOLENCE IN SPORTS



Co-funded by  
the European Union



# Partners



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**Rise Empowered Above Sexual Violence in Sports or simply RISE is an Erasmus Plus co-funded initiative, aiming to address the issue of sexual violence in sports. The aim is threefold:**

- a) to develop and promote a comprehensive set of policies, guidelines and tools for prevention of sexual violence, to be adopted by different Sport Stakeholders, building on existing practices developed under previous EU projects and on authentic data and information gathered during research studies conducted during this project,
- b) to sensitize, raise awareness and enhance knowledge, know-how and skills on all related to sports either as individuals or as entities, on sexual violence prevention methods and tools. Thus, contributing to ensuring a safe and sexual violence-free sport environment for all and at the same time intervening in time to prevent sexual violence acts,
- c) to raise awareness among young people related to sports, especially athletes, on the phenomenon of sexual violence, risk indicators, prevention techniques, reporting and getting support actions in case of victimization.

**Project Activities include:**

- 1) Research Studies conducted to identify and assess the needs of key sports stakeholders in terms of knowledge, skills, sensitization and awareness regarding prevention of sexual violence in sports, and to measure the prevalence of the different forms of sexual violence in sports.
- 2) Development of Protocols, Guides, Handbooks.
- 3) Development of an Educational and Training Programme on Prevention of Sexual Violence in Sports, published on an E-Learning Training Platform
- 4) Educational and Training Actions for Enhancement of Knowledge, Practical Skills and Know-how, as well as Sensitization and Awareness Raising on Prevention of Sexual Violence and development of Educational, Sensitization and Awareness-raising Audio-visual Tools and Materials
- 5) Dissemination and Exploitation of results.

**Beneficiaries/Target groups: Athletes, Sports Professionals (coaches, sport leaders, sport managers, PE teachers), Sport Academics and Trainers in Sports, Sports Stakeholders (Sports Governing Authorities, Sports Organizations, Sports Clubs), Sport Policy-makers and Policy Experts, Sport Administrators, NGOs and government departments involved in sexual violence prevention and sport fields.**

**RISE Results**

1. Research Studies conducted to identify and assess the needs of key sports stakeholders in terms of knowledge, skills, sensitization and awareness regarding prevention of sexual violence in sports, and to measure the prevalence of the different forms of sexual violence in sports. Outputs: Research Reports
2. Development of Protocols, Policies, Guides and Handbooks for Prevention and Combat of Sexual Violence in Sports
3. Development of an Educational and Training Programme on Prevention of Sexual Violence in Sports, published on an E-Learning Training Platform
4. Educational and Training Actions for Enhancement of Knowledge, Practical Skills and Know-how, as well as Sensitization and Awareness Raising on Prevention of Sexual Violence: Outputs: Training Workshops, Round Table Discussions, Info Days and European Forum
5. Development of Educational, Sensitization and Awareness-raising Audio-visual Tools and Materials
6. Dissemination and Exploitation of results.

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